

MANDY GAMBREL SURGERY SCHEDULER FOR DR.CHIPMAN
OFFICE NUMBER (850) 315-9278
FAX NUMBER (850) 315-9290
EMAIL: agambrel@orthoassociates.net

PAIN MANAGEMENT PROCEDURE INSTRUCTION SHEET

The Surgery Center at Sacred Heart Medical Park

36500 Emerald Coast Parkway
Destin, FL 32541
(850) 269-0301

Surgical Specialists

1034 Mar Walt Drive
Fort Walton Bch, FL 32547
(850) 315-9385

Sacred Heart Hospital on the Emerald Coast

7800 Emerald Coast Pkwy
Destin, FL 32550
(850) 278-3000

1. Please allow Mandy Gambrel time to obtain **insurance authorization prior to scheduling injections with Dr. Chipman**. Mandy will call you the day authorization is received and you are ready to schedule.
2. If you are on prescribed anticoagulants _____ we would prefer you be off of these medications for at least _____ days prior to procedure. If you have not held anticoagulants in the past, you will need to check with previous physician
3. IF YOU PLAN TO HAVE **CONCIOUS SEDATION** PLEASE DO NOT EAT OR DRINK ANYTHING 8 HOURS PRIOR TO YOUR PROCEDURE. THIS INCLUDES, CHEWINGGUM, MINTS, HARD CANDY AND CIGARETTES; (IF YOU CHOOSE NOT TO HAVE THE SEADTION YOU MAY EAT AND DRINK AS NORMAL).
4. Please continue to take any normal medications such as: blood pressure, heart, thyroid, cholesterol, etc. with a sip of water. You can continue taking your pain medication, even on the day of the procedure.
5. **DIABETICS**: NO oral diabetic medication will be taken the morning of the procedure. If you take a long acting insulin at night, take the normal dose the night before the procedure. If you take the long acting insulin in the morning, only take ½ (half) of the dose. If you take a short acting insulin, please bring it with you to the surgery center. **You must take into account that you will not be eating your regular meals after midnight prior to procedure. Your blood sugar should be below 210 on the day of the procedure**

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6. If you're **not receiving a steroid injection** and your blood sugar is **GREATER than 250** you will be **CANCELLED**.
Please call and reschedule before you get to the surgery center if your blood glucose is greater than 210 for steroid injection procedures or greater than 250 for non-steroid injection procedures.

(Example of common oral medications: Metformin, Januvia, Actos, Onglyza)

7. If you cancel, or no show your procedure without reason, your follow up appointment to evaluate the effectiveness of the procedure may be cancelled. **Please Note** you must call and cancel 24 hours before your scheduled procedure or you may be charged a cancellation fee****
8. **IF YOU CANCEL YOUR PROCEDURE MULTIPLE TIMES, THIS MAY RESULT IN DISMISSAL FROM DR. CHIPMAN'S PRACTICE.**
9. If you have an illness or antibiotic treatment prior to your procedure (within the week of surgery) please notify our office at (850) 863-2153 or Mandy (850) 315-9278, as your procedure may need to be rescheduled.
10. If an outpatient procedure is scheduled, please arrange to have someone with you at the Surgery Center, drive you home and stay with you for **12 hours** the day of procedure. **You must have a ride to and from the procedure by a responsible adult, friend or family member. They must stay in the facility during your procedure. They cannot leave. We do not recommend that you take taxis/public transportation after your procedure. We will not accept the liability, and your case will be cancelled.**
11. Please bring your insurance information, **a list of all prescription medications,** and a picture ID with you the day of procedure

For any questions regarding scheduling your procedure, please call **Mandy Gambrel** at **(850) 315-9278**. Please leave a voicemail with your full name, and a telephone number to contact you back.